Basic Measuring

Often, the hardest part of the recipe is measuring things properly. Below are terms and references to make this easier.

First let's run through the ways we will abbreviate measurements

Teaspoon = tsp

Tablespoon = Tbsp

Ounce by Weight = ozw

Ounce by Volume = ozv

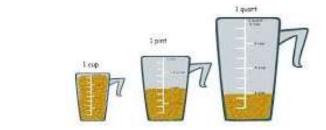
Pound = Lb

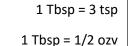
Cup = cup

Quart = Qt

Pint = pint

Gallon = gal





2 Tbsp = 1 ozv

1-1/2 tsp = 1/2 Tbsp



Now let's look at how they measure up to one another

So You Can Use

3 Teaspoons	=	1 Tablespoon	if you need 1/2 Tbsp use 1-1/2 tsp		
2 Tablespoons	=	1 Volume Ounce	If you need 1/2 ounces of liquid use 1 Tablespoon		
2 ozv	=	1/4 cup	You can also use 4 Tbsp		
8 ozv	=	1 cup	Also 1/2 pint or 1/4 Qt		
16 ozw	=	1 Lb			
16 ozv	=	2 cups & 1 pint	1/2 Qt = 1 pint		
4 cups	=	1 Qt	2 pints = 1 Qt		
4 Qts	=	1 gal			

<u>Tablespoon</u>	<u>1/4 Cup</u>	<u> 1 Cup</u>	<u> 1 Pint</u>	1 Quart	<u> 1 Gallon</u>
3 teaspoons	4 Tbsp	16 Tbsp	1/2 Qt	2 pints	4 Qts
1/2 ozv	2 ozv	8 ozv	2 cups	4 cups	16 cups
			16 ozv	32 ozv	128 ozv