

Knife Use

General Safety

Keep Your Knife Sharp
Sharpening and Honing



Don't Put in Sink
Make sure you wash your knives one at a time by hand. NEVER put in sink of soapy water with other dishes

Knife Handling

Knife handling skills take time. Go slow and practice!



Hold your Knife Properly
Holding on the blade helps prevent the knife from twisting in your hand



Hold What your Cutting Properly

- Fingertips Behind Knuckles
- Thumb Behind Fingertips

